

**Overcoming Binge Eating For Dummies By Jennie  
Kramer, Marjorie Nolan Cohn**

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Looking at binge eating disorder Binge eating disorder is found in approximately two per cent of the population, and is predominantly seen in women. Binge

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predominantly seen in women. Binge eating disorder follows a similar pattern to bulimia, except that patients do not use extreme forms of weight management.

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## **Marjorie nolan cohn, ms, rdn, cssd, cedrd, acsm-cpt**

Cohn is a specialist in eating disorders, behavior modification and is a certified (2013) and co-author of Overcoming Binge Eating for Dummies (Wiley 2013).

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Dietitian, Certified Personal Trainer, author of “The 30-Day Belly Fat Fix” and “Overcoming Binge Eating for DUMMIES,” and Spokesperson for the Academy.

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The other intensive outpatient program is a binge eating/emotional are co-authors of the book "Overcoming Binge Eating For Dummies", and

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