

**Homemade Hair Treatments - The Ultimate Guide By  
Terri Smitheen, Encore Books**

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For that extra boost of nourishment to your summer hair care regime, we suggests some DIY hair masks and packs.

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Inside the 200 plus natural hair-care guide are product tips for natural hair, homemade hair care recipes and myths about going natural that author and Harvard

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Making a homemade conditioner for your hair doesn't have to be a time way as apple cider vinegar – that ultimate Nopoo hair treatment.

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These rather more gourmet DIY face mask recipes will be the talk of your next slumber party. Special occasions chocolate martini face mask

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What Is Argan Oil? Argan oil is a product of the Moroccan argan tree. It is extracted from the kernels of the argan tree to be used as a moisturiser, conditioner and

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The most you're hoping for with these DIY masks is for the ingredients to sit ON TOP of the hair and make your hair feel good temporarily.

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The Ultimate Guide to Natural Hair Care. April 22 Natural Hair Care: Recipes and Tips for Success. Natural Shampoo Recipes. DIY Honey

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Yogurt, eggs and honey are common ingredients of a hearty breakfast. But they can also be some of the best natural boosts for DIY hair products.

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The Ultimate Guide to Silver Hair at Home I suggest stocking up on some deep conditioning treatments or leave in conditioners to aid in the

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