

**Break Your Own Rules: How To Change The Patterns
Of Thinking That Block Women's Paths To Power By
Jill Flynn, Kathryn Heath**

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She's also a co-author of the NY Times Bestselling book, Break Your Own Rules: How to Change the Patterns of Thinking that Block Women's Paths to Power.

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Kathryn heath | success

She is a co-author of Break Your Own Rules: How to Change the Patterns of Thinking That Block Women's Paths to Power (Jossey-Bass, 2011).

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Holt is co-author of The New York Times best-seller Break Your Own Rules: How to Change the Patterns of Thinking that Block Women's Paths to Power, based

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